Appendix

1. Three Ways to Improve Your Decision-Making - Join us online to gain awareness about common cognitive biases that impact decision-making.

*3 Ways to Improve Your Decision-Making - Academic Impressions*

2. Time Management for Scholarly Writing - Learn the mindset and skillset needed to become even more productive in your scholarly writing.

*Time Management for Scholarly Writing - Academic Impressions*

3. Strategies for Increasing Resilience and Grit in Research Faculty - improve your research and scholarship productivity using proven resilience and grit *techniques*

*Strategies for Increasing Resilience and Grit in Research Faculty (Live Webcast) - Academic Impressions*

4. Building Your Research Brand: A Guide for Academics - Create clarity around who you are as a scholar and effectively communicate your work and brand to others.

*Building Your Research Brand: A Guide for Academics - Academic Impressions*

5. The Ins and Outs of Publishing Your Scholarly Work: A training for Faculty Researchers - Learn how to successfully publish your scholarly work to tee up your research career.

*The Ins and Outs of Publishing Your Scholarly Work: A training for Faculty Researchers - Academic Impressions*

6. Advocating for Yourself in Personal and Professional Relationships - Learn strategies to advocate for your needs as you juggle work, home, and career progression.

*Advocating for Yourself in Personal and Professional Relationships - Academic Impressions*

7. Enhancing Your Personal and Professional Resilience - Learn how to use self-advocacy as a tool to enhance resiliency in your personal and professional life.

*Enhancing Your Personal and Professional Resilience - Academic Impressions*

8. Setting and Maintaining Boundaries as Faculty to Develop Professional Well-being and Success - Boundary-setting is a key to productivity and well-being – join us to gain the tools to set boundaries and be more successful in your faculty role.

*Setting and Maintaining Boundaries as Faculty to Develop Professional Well-being and Success - Academic Impressions*

9. Actualize Your Purpose: A Workshop & Discussion Series on Improving Your Well-Being - An interactive workshop and discussion that will help you to refocus your time, energy, and future work in realizing your purpose and professional vision.

*Actualize Your Purpose: A Workshop & Discussion Series on Improving Your Well-Being - Academic Impressions*
10. Using Mindfulness to Improve Overall Well-Being and Productivity - Join us to learn small, practical shifts that mindfulness can produce in your daily attitudes and behaviors—allowing you to be happier and more productive.

**Using Mindfulness to Improve Overall Well-Being and Productivity: A Video Course for Faculty - Academic Impressions**


**Identifying and Mitigating Imposter Syndrome - Academic Impressions**

12. Women in STEM: Creating a Space Where You Can Thrive – Learn how to set boundaries and build a support system so that you can advance your research and career.

**Women in STEM: Creating a Space Where You Can Thrive - Academic Impressions**

13. The Narrative Arc: Mapping Your Tenure, Promotion, or Reappointment Statement – Guide your committee and present a strong, cohesive case for your promotion.

**The Narrative Arc: Mapping Your Tenure, Promotion, or Reappointment Statement - Academic Impressions**

14. Time Management: A Disciplined Approach to Priority-Setting – Gain control of your schedule to focus on your most important work.

**Time Management: A Disciplined Approach to Priority-Setting - Academic Impressions**

15. Mastering Time Management: An 8-day Practical Program – Take charge of your priorities and purpose.

**Mastering Time Management: An 8-Day Practical Program - Academic Impressions**

16. Building Your Career Network: The Relationships Every Faculty Member Needs to Nurture - Build a multi-faceted and strategic network that is comprised of mutually valuable and personally meaningful relationships to help you realize your career goals and amplify the impact of your work.

**Building Your Career Network: The Relationships Every Faculty Member Needs to Nurture - Academic Impressions**

17. Crafting and Maintaining Your Career Vision: A Workshop for Early-Career Faculty - Whether you are on a traditional promotion and tenure journey or have other aspirations, you will walk away from this training with a career map you can return to and revise time and time again.

**Crafting and Maintaining Your Career Vision: A Workshop for Early-Career Faculty - Academic Impressions**
18. Navigating Your Path to Administration: A Panel Discussion for Aspiring Academic Administrators - Understand what fuels you—and then translate that into a traditional or non-traditional path to academic administration.

Navigating Your Path to Administration: A Panel Discussion for Aspiring Academic Administrators - Academic Impressions

19. DEI Foundations: Intersectionality in Higher Education - Take an intersectional approach to create more inclusive environments for your students and colleagues.

DEI Foundations: Intersectionality in Higher Education - Academic Impressions

20. Understanding and Interrupting Privileged Classroom Practices – Examine and disrupt the norms that have shaped the traditional classroom experience to create a more equitable learning environment for all students.

Understanding and Interrupting Privileged Classroom Practices - Academic Impressions

21. Techniques to Build Greater Cultural Humility - Increase self-awareness and self-control to foster meaningful interactions with others.

Techniques to Build Greater Cultural Humility - Academic Impressions

22. Essential Practices for Leaders Communicating Across Difference - Learn culturally responsive communication skills to better lead diverse teams—and how to put them into practice.

Essential Practices for Leaders Communicating Across Difference - Academic Impressions

23. Make the Most of Mentoring: Best Practices and Core Principles for Mentors and Mentees - Learn how to set up and maintain a mentoring relationship that supports your needs as a mentor or as a mentee.

Make the Most of Mentoring: Best Practices and Core Principles for Mentors and Mentees - Academic Impressions

24. The Consultative Approach to Mentoring: Building a Network of Support - Learn how to create a mentoring network that supports all aspects of your work and that you can adapt as your career progresses.

The Consultative Approach to Mentoring: Building a Network of Support - Academic Impressions

25. Higher Education in America: A Foundational Course - Gain a comprehensive understanding of the structure and landscape of American higher education.

Higher Education in America: A Foundational Course - Academic Impressions

26. Ten Strategies to Foster More Creative Problem-Solving - Are you feeling like you’ve exhausted all the possibilities in solving a problem?

10 Strategies to Foster More Creative Problem-Solving - Academic Impressions
27. Shift Your Mindset to Build Resilience - Learn the ABC Model, so you can take back control when difficult situations arise.

*Shift Your Mindset to Build Resilience - Academic Impressions*

28. Increasing Emotional Intelligence by Identifying Your Triggers - Practice a journaling technique that will help you reflect on your emotional intelligence.

*Increasing Emotional Intelligence by Identifying Your Triggers - Academic Impressions*

29. The Art and Practice of Giving and Receiving Feedback - In this hour-long webinar, a certified executive coach and leadership development expert Mary McGuinness will provide simple but proven techniques, along with sample development language, to help you become more confident and skilled at providing feedback directly.

*The Art and Practice of Giving and Receiving Feedback (Webcast Recording) - Academic Impressions*


*Inclusive Communication: A Training for Higher Ed Leaders - Academic Impressions*


32. L.A.D. Academy Clifton Strengths Program: Assessment, Workshop & 1:1 Coaching

33. L.A.D. Make the Most of Mentoring: Best Practices and Core Principles for Mentors and Mentees – Learn how to set up and maintain a mentoring relationship that supports your needs as a mentor or as a mentee.

*Make the Most of Mentoring: Best Practices and Core Principles for Mentors and Mentees - Academic Impressions*